

## Budgeting My Values

Our choices in any situation reflect our values. This activity gives you a chance to see how your values affect your choices in spending. Below is a survey to help you determine what your values are. It's fun, and you may learn some surprising things about yourself!

**Directions:** *Imagine that you have \$10,000.00 and a list of possible items to spend it on. Read the list of items carefully. In the space to the right of each item, decide how much of your \$10,000.00 you would pay for that item. Allocate money only to those items you really want to have. The more important the item is to you, the more money you should budget for it. You can spend \$500.00 on one item, and \$100.00 on another. You can spend no money on items that don't appeal to you at all, and you can spend your entire \$10,000.00 on one item if that's what you want to do. Spend all of your \$10,000.00 — you can't take it with you. If you find you have overspent, go back and change the amounts until it equals \$10,000.00. Do the same if you have not spent all your money.*

Remember that your choices will reflect the values that are most important in your life at this time. Five years ago they might have been different. Five years from now they probably will be different, reflecting your movement and growth over time.

Items to Buy	Amount Spent
1. A chance to rid the world of prejudice	_____
2. A chance to serve the sick and needy	_____
3. A guarantee to become a famous person (movie/music star, sports hero, astronaut, etc.)	_____
4. An idea that will bring you money and fame	_____
5. Perfect understanding of the meaning of life	_____
6. A vaccine to make all persons incapable of theft or lying	_____
7. A chance to set your own working conditions	_____
8. To own stock in a highly successful company	_____
9. The Presidency of the United States	_____
10. The perfect love affair	_____
11. A house with a beautiful view, with your favorite works of art	_____
12. To be the most attractive person in the world	_____
13. To live to one hundred with no illness	_____
14. The most complete library of great books for your own private use.	_____
15. Harmony with God, doing God's work	_____
16. A way to rid the world of unfairness	_____
17. The resources to donate one million dollars to your favorite charity	_____
18. To be voted outstanding person of the year and praised in every newspaper	_____
19. To master the profession of your choice	_____
20. Time with nothing to do but enjoy yourself, with all needs and desires automatically met	_____
21. To be the wisest person in the world	_____
22. A scheme to sneak "truth serum" into the drinking water	_____
23. A way to do your own thing, without hassles	_____
24. A large room full of silver dollars	_____
25. The love and admiration of the whole world	_____
26. Peace of mind	_____
27. Your own powerful computer, for any and all facts you might need	_____