

II. Activity

Part One: Create a Career/Job List

This is a fun Challenge that can be done in a number of different ways

- Relay Race — hang flipchart paper up and have the teams line up behind a designated spot on the floor. When you say go, have one person from the team run to the flipchart and write down a career/job they know. When they are finished, they run back, give the marker to the next person on their team, etc.
 - The relay race can be to see who can come up with the most jobs in 5 minutes (or amount of time you designate).
 - You can put the numbers 1-25 (or any number) on the flip chart, with lines after each number to write jobs on and see which team can come up with 25 jobs first.
 - You can put the letters A-Z on flipchart, with a line after each letter to write jobs on and see which team can come up with one job for each letter first.
- You can do the same thing, but instead of making it a relay race, just have teams sit together at one table to complete the challenge (the most in a designated time, the first to write a certain number or the first to write something for every letter).
- You could also do this as an individual challenge.

After the challenge, compile all of the team's lists to create one giant job list.

Part Two: Who do you know?

- Have individuals, small groups, large group identify people they know in the jobs on the compiled list.
- Have individuals think about other people they know and what they do — and try to add to the large list.

Part Three: Expanding Career Options — Everyday Things (directions included)

III. Mass CIS

- Sign in and create your portfolio.
- Complete Assessments, save results in your Mass CIS portfolio, and print the results for your folder/binder.
 - Career Cluster Inventory
 - O*Net Interest Profiler
 - Work Importance Locator
 - Occupation Sort

IV. Explore Possible Careers

Choose one career area that you are interested in that might be a good fit for you based on today's assessments as well as previous assessments (personality, multiple intelligences, values, skills). Using Mass CIS or other career exploration websites (www.careervoyages.gov or <http://www.bls.gov/oco/home.htm> or <http://online.onetcenter.org/>), research the career area of interest and complete the career information web.

If there is time, have participants share what they have learned about the career area they researched. If some people finish before others, they can explore and research another career area of interest.

***Real-World Application:** Talk to a variety of people that you know. Talk to them about the career area you researched and ask them if they know anyone who works in that career area. Keep track of how many people your 'network' could connect you to in this career area.*