

INTEREST INVENTORY

Write the number on each line that rates how much you would enjoy doing each activity.
You can choose any number between 0 and 10.

0= No

3= I don't think so

5= Not sure

7= I might like it

10= Yes!

1. Would you enjoy?
 - a. preparing food in a restaurant
 - b. driving a forklift
 - c. working in a hospital
 - d. performing in front of others
 - e. installing steel beams in buildings
 - f. typing letters
 - g. working with children
2. Would you enjoy?
 - a. working in a grocery store
 - b. being an inspector
 - c. working in a nursing home
 - d. arranging plants
 - e. doing remodeling
 - f. filing letters and office forms
 - g. helping the elderly
3. Would you enjoy?
 - a. dusting, cleaning, polishing
 - b. doing welding
 - c. working in a lab
 - d. singing, reading, playing music
 - e. being a plumber or electrician
 - f. working with books and records
 - g. teaching others
4. Would you enjoy?
 - a. cutting and styling other people's hair
 - b. being a general laborer
 - c. taking x-rays
 - d. working with flowers
 - e. doing carpentry or bricklaying
 - f. opening and sorting mail
 - g. helping others with their problems
5. Would you enjoy?
 - a. being an automobile mechanic
 - b. supervising other working persons
 - c. working with sick people
 - d. working with crafts
 - e. building homes
 - f. answering phones
 - g. helping people who are in trouble
6. Would you enjoy?
 - a. installing carpet
 - b. operating factory machines
 - c. working with a dentist
 - d. doing interior decorating
 - e. driving a bulldozer
 - f. working with money
 - g. doing things for other people

Now put the numbers you have written in these blanks and then add them together.

- TOTAL**
- 1a__ + 2a__ + 3a__ + 4a__ + 5a__ + 6a__ = A__ Service occupations
- 1b__ + 2b__ + 3b__ + 4b__ + 5b__ + 6b__ = B__ Factory occupations
- 1c__ + 2c__ + 3c__ + 4c__ + 5c__ + 6c__ = C__ Health occupations
- 1d__ + 2d__ + 3d__ + 4d__ + 5d__ + 6d__ = D__ Creative occupations
- 1e__ + 2e__ + 3e__ + 4e__ + 5e__ + 6e__ = E__ Building and trades
- 1f__ + 2f__ + 3f__ + 4f__ + 5f__ + 6f__ = F__ Clerical occupations
- 1g__ + 2g__ + 3g__ + 4g__ + 5g__ + 6g__ = G__ Caring and helping occupations

The number you put in each **TOTAL** blank is your score for that type of occupation. The higher your score the better you will like that type of work. Look at the next page for some of the jobs you might find in each type of work.

OCCUPATIONS

A. Service Occupations

Aircraft flight attendant
Air traffic controller
Barber
Bartender
Beautician
Cook/chef
Correction officer
Cosmetologist
Custodian
Food counter worker
Food service management
Forester
Garbage collector
Guard
Maid
Meatcutter
Mechanic
Police officer
Postal mail carrier
Waiter/waitress
Warehouse worker

B. Factory Occupations

Assembler
Equipment operator
Inspector
Laborer
Machine tool operator
Machinist
Photograph process worker
Printing press operator
Supervisor
Tool/die maker
Welder

C. Health Occupations

Dental assistant
Dental hygienist
Dentist
Dietitian
Health administrator
Home health care worker
Medical lab worker
Nurse
Pharmacist
Physical therapist
Physician
Respiratory therapist
Technician
Veterinarian

D. Creative Occupations

Artist
Florist
Graphic arts
Interior decorator
Journalist/reporter
Musician
Photographer
Radio/TV announcer
Recreation
Writer

E. Building and Trades

Bricklayer
Carpenter
Construction laborer
Electrician
Engineer
Heavy equipment operator
Painter
Plumber
Roofer

F. Clerical Occupations

Accountant
Cashier
Clerk
Collection worker
Computer operator
Computer programmer
Insurance representative
Keyboard operator
Librarian
Library assistant
Marketing
Receptionist
Secretary
Stenographer
Telephone operator
Typist

G. Caring and Helping Occupations

Child care worker
Coach
Counselor/therapist
Psychologist
Social worker
Teacher
Bank manager
Bank teller
Bookkeeper