

III. Success

- What is success?
- Identify 10 accomplishments (successes) from your life.
- What characteristics help people achieve success? What helped you in the examples of accomplishments that you just identified? (confidence, determination, motivation, practice, responsibility, positive attitude, believing you can do it, having a clear goal, etc.)
- What does success look like?

Drawing

Supplies: paper, pencils, pens, markers

Take a legal sized piece of paper and fold it in half.

Fold it in half again to make four boxes, as shown.

In the top left hand corner, write **In 3 months**. In the top right hand corner, write **In 6 months**. In the bottom left hand corner, write **In 1 year**. In the bottom right hand corner, write **In 5 years**.

In 3 months	In 6 months
In 1 year	In 5 years

Draw pictures of what you want your life to look like at these different points in your life. Think about your possible self — your hopes and dreams. Draw what is possible.

IV. Activities

- **Building Bridges** (directions included)
- **Spoons or Tongues** (directions included)
- **Improve This** (directions included)

V. Goals

- Goal — a clear statement of what you want to achieve and are working toward, and when you expect to achieve it (**Empower Your Future, Part I**).
- Define short term, long term, and transitional goals
- Identify short-term (3 months), long-term, (5 years) and transitional goals (6 months and 1 year) in your drawings
- Create three specific, measurable, action-oriented short term goals with clear timelines. Include your action plan (steps) to reach your goal.
- Identify and prioritize five long term goals (think of your possible self — breaking out of the box)

VI. Read Overview of the 10 Steps to Success

Real-World Application: Share at least one short term goal with three people in your lives, and ask them to support you in reaching your goal — and check in to make sure you are sticking to your plan.