

UNIT 1: BEGINNING YOUR JOURNEY, CAREER READINESS ORIENTATION

TOPIC 1: ORIENTATION AND PROFESSIONALISM

Topic OBJECTIVES: The learner will:

- Understand the program expectations and policies
- Get to know the other program participants
- Better understand professionalism

Topic OUTCOMES: The learner will:

- Help to create the program Ground Rules
- Identify his/her expectations
- Make commitments for the next two weeks
- Participate in role plays to practice professionalism

Topic ACTIVITIES:

I. Welcome and Introductions

Opening Question:

- What is your greatest strength?
- What does it mean to be professional?
- What is one thing you hope to learn today (or in this program)?
- What is the ideal job (or career) for you?
- What are three words you would use to describe yourself?

Opening Quote:

- "Our greatest glory is not in never falling but in rising every time we fall."
~ *Confucius* (Eastern thinker and social philosopher)
- "If your actions inspire others to dream more, learn more, do more and become more, you are a leader."
~ *John Quincy Adams* (US president)
- "Our lives improve only when we take chances — and the first and most difficult risk we can take is to be honest with ourselves."
~ *Walter Anderson* (author)
- "From success to failure is one step, from failure to success is a long road."
~ *Yiddish Proverb*
- "Opportunity may knock only once, but temptation leans on the doorbell."
~ *Anonymous*